



Oakview High School Newsletter



March 2010

Attention Seniors—51 Days Left

One quarter (51 days) is left in the school year. That's how much time is left to get the work done for your diploma. How are you doing? Are you going to be finished in time? If you're not sure, you should be having a serious discussion with your teacher. Find out what still needs to be done and make a plan to do it. June 3rd is the last day of school, but don't leave it until then. Try to have all your requirements met by Memorial weekend. Make this your last big effort in your high school career and make it be a successful one.

It is also time to begin filling out scholarships. Most seniors should have a scholarship folder which contains all of the scholarships and a timeline for when they are due. Start working on these. Money from these scholarships can help with books and tuition in college. See Mrs. Stemmler if you need any help.

If you are a graduating senior, check with your teacher about any book fees that you might owe. If not paid, they could keep you from receiving a diploma.

Sign-Up for ROP Classes

ROP (Regional Occupational Programs) offers vocational training and career planning services to high school students. These classes are offered offsite at the local area high schools or at the ROP campus on Eastside Road in Redding. Classes are intended to give students hands-on and classroom experience in various occupations. There are many career clusters to choose from: agriculture, food, and natural resources; architecture and construction; business and management, and administration; arts, A/V technology, and communications; education and training; finance; health sciences; hospitality and tourism; human services, information technology; logistics, transportation and distribution services; law, public safety, corrections and security; marketing, sales, and service. Classes are open to high school students 16 or older. Seniors get first choice for classes, and juniors fill in the remaining openings. This is a great opportunity to get some work-place experience while in high school. If this sounds good to you and you are interested in finding out more, talk to your teacher.

Dates to Remember

CAHSEE Testing

March 16 & 17
Sophomores only

Spring Break
April 2 thru April 12

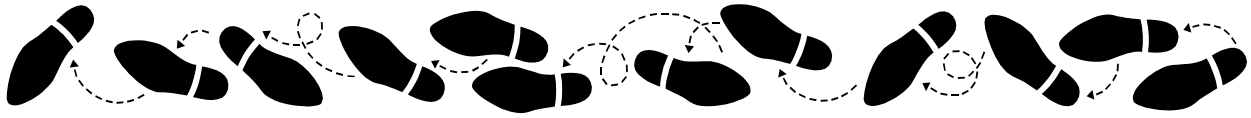
STAR Testing
April 19 thru April 30

Memorial Day
No school
May 31

Last day of School
June 3

Graduation
June 4





Graduation

Graduation is coming. Oakview has a traditional graduation ceremony at the Anderson Performing Arts building. Seniors will be receiving information about caps, gowns and invitations in May. If a senior does not receive this information, they can come by the school and ask for it. We hope all graduating seniors will take part in this celebration and invite their family and friends.

Healthy Choices Make Healthy Students

The health of our students concerns all educators. Students who are hungry when they come to school have a hard time focusing on learning. Overweight children run the risk of developing health problems like high blood pressure, high cholesterol and diabetes. The California Department of Education reports an epidemic growth of obesity which effects 32% of the state's youths. Clearly, everyone connected with students needs to be concerned. The staff at Oakview has taken this situation to heart and has, for the last couple of years, offered a healthy snack program. We do not sell soda anymore, but we offer water, juice and milk. Candy and cookies are not allowed either, but there is a large variety of healthy snack foods available free to students. Our goal is to teach the students about good tasting alternatives to soda and high-fat, sugar-laden snack foods.

The ability to make and understand puns is considered to be the highest level of language development. Here are some of the best.

1. A vulture boards an airplane, carrying two dead raccoons. The stewardess looks at him and says, "I'm sorry, sir, only one carrion allowed per passenger."
2. Two fish swim into a concrete wall. One turns to the other and says, "Dam!"
3. Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.
4. Two hydrogen atoms meet. One says, "I've lost my electron." The other says, "Are you sure?" The first replies "Yes. I'm positive."
5. Did you hear about the Buddhist who refused Novocaine during a root canal? His goal: transcendental medication.
6. A group of chess enthusiasts checked into a hotel and were standing in the lobby discussing their recent tournament victories. After about an hour, the manager came out of the office and asked them to disperse. "But why?" they asked, as they moved off. "Because," he said, "I can't stand chess-nuts boasting in an open foyer."
7. Mahatma Gandhi, as you know, walked barefoot most of the time, which produced an impressive set of calluses on his feet. He also ate very little, which made him rather frail and, with his odd diet, he suffered from bad breath. This made him (Oh, man, this is so bad, its good) a super calloused fragile mystic hexed by halitosis.
8. A woman has twins and gives them up for adoption. One of them goes to a family in Egypt and is named "Ahmal." The other goes to a family in Spain; they name him "Juan". Years later, Juan sends a picture of himself to his birth mother. Upon receiving the picture, she tells her husband that she wishes she also had a picture of Ahmal. Her husband responds, "They're twins! If you've seen Juan, you've seen Ahmal."

